

# 26<sup>th</sup> ANNUAL JH ALL-STAR XC CHAMPIONSHIPS

**PLACE:** Chickasha, OK (new course) Approx 35 minutes south of the previous OKC course on I-44. --- [Chickasha Sports Complex](#)  
900 E. Grand, Chickasha, OK 73018 - (visible from the interstate)

**DATE:** Thursday, October 17<sup>th</sup> & Friday, October 18<sup>th</sup>, 2019 - 9:00 AM

**ON-LINE ENTRIES** All students **MUST** be entered on-line at: [www.enduroussa.com](http://www.enduroussa.com)

**REGISTRATION** Registration Fee for participants will be \$15.00, and they will receive a custom designed "All-Star" Championship T-Shirt.

**REGISTRATION FEES MUST BE RECEIVED ON OR BEFORE OCT 14<sup>TH</sup> TO RECEIVE A SHIRT.**



[www.JHCHAMPIONSHIPS.com](http://www.JHCHAMPIONSHIPS.com)

## WHO IS

**ELIGIBLE:** This race is only for students in grades 5-6-7-8 or below. **No 9<sup>th</sup> graders can compete.**

### THURSDAY, OCT. 17<sup>TH</sup>

**DIVISIONS & SCHEDULES:** 9:00 A.M. - COACHES MEETING

9:15 A.M. - 2A - GIRLS.....2400 meters (30 medals)  
9:40 A.M. - 3A - GIRLS.....2400 meters (30 medals)  
10:05 A.M. - 4A - GIRLS.....2400 meters (30 medals)  
10:30 A.M. - 2A - BOYS.....3200 meters (30 medals)  
10:55 A.M. - 3A - BOYS.....3200 meters (30 medals)  
11:20 A.M. - 4A - BOYS.....3200 meters (30 medals)

### FRIDAY, OCT. 18<sup>TH</sup>

9:00 A.M. - COACHES MEETING

9:15 A.M. - 5A GIRLS.....3200 meters (30 medals)  
9:40 A.M. - 6A GIRLS.....3200 meters (30 medals)  
10:05 A.M. - 5A BOYS.....3200 meters (30 medals)  
10:35 A.M. - 6A BOYS.....3200 meters (30 medals)

**\*\*PLEASE BE EARLY --- RACES WILL START FIVE (5) MINUTES AFTER EACH RACE\*\***

**TEAM AWARDS:** Team trophies awarded to the Top 3 Teams in each division.

Attention: This year the 2<sup>nd</sup> and 3<sup>rd</sup> place teams in each division will receive a Team trophy.

Custom made medals to the top 30 runners in each race.

Runners 1-10 receive gold medals - 1<sup>st</sup> Team All-Star

Runners 11-20 receive silver medals - 2<sup>nd</sup> Team All-Star

Runners 21-30 receive bronze medals - 3<sup>rd</sup> Team All-Star

## RULES:

1. ONLY 5-6-7-8<sup>th</sup> graders and below are eligible to compete.
2. Each school can have unlimited runners in the championship race.  
**Five Runners will count for Team scoring.**
3. A school team must be made up of runners from the same school - - -  
- NO taking runners from other schools. (They must enter as individuals.)
4. The Top 5 Runners will compete for team points with 6<sup>th</sup> & 7<sup>th</sup> runners as pushers.
5. **THIS IS A SANCTIONED USATF EVENT.**
6. Each student that is entered **MUST** submit a signed, Official Meet Waiver.