

29th ANNUAL JH ALL-STAR XC CHAMPIONSHIPS

PLACE: Chickasha, OK (new course) Approx 35 minutes south of the previous OKC course on I-44. --- [Chickasha Sports Complex](#)
900 E. Grand, Chickasha, OK 73018 - (visible from the interstate)

DATE: Thursday - October 13TH & Friday - October 14TH, 2022 - 9:00 AM

ON-LINE ENTRIES All students **MUST** be entered on-line at: www.enduroussa.com

REGISTRATION Registration Fee for participants will be **\$15.00**, and they will receive a custom designed "All-Star" Championship T-Shirt.

REGISTRATION FEES MUST BE RECEIVED ON OR BEFORE OCT 8TH TO RECEIVE A SHIRT.

On-line Entries Deadline: October 8th @ 10 PM.
(SATURDAY)

www.JHCHAMPIONSHIPS.com



WHO IS

ELIGIBLE: This race is only for students in grades 5-6-7-8 or below. **NO 9TH graders can compete.**

THURSDAY, OCT. 13TH

DIVISIONS & SCHEDULES: 9:00 A.M. - COACHES MEETING

9:15 A.M. - 2A - GIRLS.....2400 meters (30 medals)
9:40 A.M. - 3A - GIRLS.....2400 meters (30 medals)
10:05 A.M. - 4A - GIRLS.....2400 meters (30 medals)
10:30 A.M. - 2A - BOYS.....3200 meters (30 medals)
10:55 A.M. - 3A - BOYS.....3200 meters (30 medals)
11:20 A.M. - 4A - BOYS.....3200 meters (30 medals)

FRIDAY, OCT. 14TH

9:00 A.M. - COACHES MEETING

9:15 A.M. - 5A GIRLS.....3200 meters (30 medals)
9:40 A.M. - 6A GIRLS.....3200 meters (30 medals)
10:05 A.M. - 5A BOYS.....3200 meters (30 medals)
10:35 A.M. - 6A BOYS.....3200 meters (30 medals)

****PLEASE BE EARLY --- RACES WILL START FIVE (5) MINUTES AFTER EACH RACE****

TEAM AWARDS: Custom Team plaques awarded to the Top 3 Teams in each division.

Attention: This year 2nd & 3rd place teams in each division receive a Team plaque.

Custom championship medals to the top 30 runners in each race.

Runners 1-10 receive custom gold medal - 1st Team All-Star

Runners 11-20 receive custom silver medal - 2nd Team All-Star

Runners 21-30 receive custom copper medal - 3rd Team All-Star

RULES:

1. ONLY 5-6-7-8th graders and below are eligible to compete.
2. Each school can have unlimited runners in the championship race.
Five Runners will count for Team scoring.
3. A school team must be made up of runners from the same school - - -
- NO taking runners from other schools. (They must enter as individuals.)
4. The Top 5 Runners will compete for team points with 6th & 7th runners as pushers.
5. **This is a USATF sanctioned meet. (USATF membership is not required.)**
6. Each student **MUST** submit an Official Meet Waiver – signed by his/her parent.